ACH Test with Raw Data Recorded on Laptop 3

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:30		Biochemical blood test
06:30-06:50	1.	Post-sleep
06:50-07:40		BREAKFAST
07:40-07:50	CDR	Prep for work
07:40-08:10	FE-1	Prepior work
07:50-08:00	CDR	Launch of data recording application on Laptop3
08:00-08:10		Prep for work
08:10-08:20		Daily planning conference (S-band)
08:20-11:00	CDR	Biochemical blood test
08:20-08:30		EXPRESS Rack 3: battery replacement
08:30-08:35		EXPRESS Rack 3: Laptop power up
08:35-08:40		EXPRESS Rack 3: battery checkout
08:40-08:55	FE-1	EXPRESS Rack 3: configuring Laptop
08:55-09:10	- I	ISSI: work site setup
09:10-10:40		ISSI: preparing stripped and twisted wires for soldering
10:40-10:50		ISSI: equipment stowage
10:50-12:05	1	Physical exercise (TVIS)
11:00-12:00	CDR	Physical exercise (VELO + Load Trainer – 1 / day 1)
12:00-12:05	CDR	БРПК-2 separator inspection
12:05-12:10	FE-1	EXPRESS Rack 3: battery checkout
12:05-12:35	CDR	DIATOMEA: World Ocean observations
12:10-12:15		EXPRESS Rack 3: Laptop power down
12:15-12:25	FE-1	EXPRESS Rack 3: battery replacement
12:25-12:55		Educational events with payloads – Camcorder setup
12:35-12:50	CDR	URAGAN: observations and imaging
12:55-13:55		LUNCH
13:55-14:15		ISS 7 crew conference with Kent Rominger, CB (S-band)
14:15-14:25	FE-1	Daily payload status check
14:15-16:45	CDR	Water collection from CWC
14:40-15:00		EPO – center of mass demonstrations
15:00-15:15	FE-1	Educational events with payloads – Camcorder deactivation
15:15-15:55		СОЖ maintenance
15:55-16:15		Transfer TVIS/RED files to MEC
16:15-16:35		Transfer HRM files to MEC
16:35-16:50		HRM files deletion
16:45-16:55	CDR	Completion of data recording application run on Laptop 3
16:50-18:05	FE-1	Physical exercise (RED)
16:55-18:25	CDR	Physical exercise (TVIS – 1)
18:05-18:25	FE-1	IMS file prep

18:25-18:40		Daily planning conference (S-band)
18:40-19:10		Daily plan review
19:10-19:30		ISS crew / FD conference (S-band)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30	FE-1	Pre-sleep
20:30-20:50	CDR	
20:50-20:55		MOLNIYA-SM: magneto-optical disk filling check
20:55-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities

End of radiogram